



Menu options for gluten sensitive guests

APPETIZERS

- Chips and Salsa (complimentary)
- Top Shelf Guacamole
- Fajita Nachos
- Chili Con Queso (**Dipping Sauce Only**)

SOUPS & SALADS

- Chicken Fajita Salad with select dressings (see below)
- Tortilla Soup

ENCHILADAS & TACOS

- Fajita Steak, Grilled Chicken on **corn tortillas** (crispy or soft)
- Top Shelf Fajita Enchiladas (with select sauces: see below)
- Shrimp Enchiladas -Shrimp Tacos
- Brisket Enchiladas with select sauce **NOT** chili con carne
- Avocado Enchiladas
- Carnitas Tacos

FAJITAS & GRILL

- Any Fajita **served with corn tortillas**
- Asada Combo with approved sauce from below **NOT chili con carne** with CORN tortillas
- Chicken Monterrey
- Carne Asada with CORN tortillas
- Grilled chicken breast dinner with select dressing for salad

LUNCH SPECIALS

- Lunch Chicken Monterrey
- Lunch Fajitas with **corn tortillas**
- Lunch Chicken Fajita salad with select dressing (see below)
- Burrito Bowl with grilled chicken or steak

SALAD DRESSINGS

Ranch, Avocado Ranch, Chipotle Ranch, Italian, Honey Mustard, Balsamic Vinaigrette

SAUCES

Chipotle wine sauce, verde sauce(green sauce), dipping queso sauce

SIDES

Rice, refried beans, black beans, frijoles rancheros, side salad with select dressing, diablo corn, sautéed veggies, French fries.

Please note: beef taco meat and chicken taco meat along with any sauces not mentioned above are **NOT** gluten free

DISCLAIMER

This menu information is provided by El Chico Restaurants as a service to our customers. El Chico assumes no responsibility for its use. Patrons are encouraged to their own satisfaction, to consider this information in light of their individual requirements and needs.